

CONGREGATE DINING
LOCATIONS

Bolingbrook

(Tuesdays Only)

Joseph & Sarah Levy Senior Center
251 Canterbury Lane
Bolingbrook, IL 60440
(630) 759-3411

Channahon

(1st Wednesday each month)

Channahon Methodist Church
24751 E. Eames Avenue
Channahon, IL 60410
(815) 467-5275

Frankfort

(Tuesday, & Fridays Only)

Frankfort Township Building
11000 W. Lincoln Highway
Frankfort, IL 60423
(815) 469-1499

Joliet

(Monday - Friday)

Joshua Arms
1315 Rowell Avenue
Joliet, IL 60433
(815) 726-3194



"Working Harder To Make Aging Easier"



United Way of Will County

*To make reservations call the dining
room three days in advance!*

Senior Services of Will County

(Mondays Only)

251 N. Center Street
Joliet, IL 60435
(815) 726-0094

Lockport

(Monday - Friday)

Lockport Township Offices
1463 Farrell Road
Lockport, IL
(815) 838-5885

New Lenox

(Monday - Friday)

Guy A. Seil Senior
Apartments
1090 S. Cedar Road
New Lenox, IL 60451
(815) 485-7187

Shorewood

(Wednesday & Fridays Only)

Troy Township
25448 Seil Road
Shorewood, IL 60404
(815) 726-0094

University Park

(Mondays Only)

Thornwood Apartments
1 Thornwood Mall Drive
University Park, IL 60484
(815) 726-0094

Meals on Wheels of Will County



2455 Glenwood Ave,
Suite 207,
Joliet, IL 60435
815-726-0094



**WILL COUNTY
SENIOR COMMUNITY SERVICES, INC.**

About the Nutrition Program

The nutrition program, offered by Will County Senior Community Services Inc., serves the entire County of Will. Nutrition services are provided to assist older adults to live independently by promoting better health through improved nutrition and reduced isolation through a program coordinated with other supportive services.

There are two nutrition programs: Home Delivered Meals and Congregate Dining.

Home Delivered Meals:

Individuals who are homebound and are interested in receiving meals must be assessed to determine if they qualify for the "Meals on Wheels" program. Assessments and qualifications are conducted and determined by Case Coordination Units (Case Managers) with Senior Services of Will County (815) 740-4225.

Congregate Dining:

Individuals 60 years of age or older and their spouse or caregivers are welcome to join any of our dining locations. Reservations are needed three days in advance. Locations and phone numbers are printed on the back of this brochure. Most luncheons are served at 11:30am. A registration form will need to be completed for all first time participants.

The site manager will have forms available at the location of your choice.

About Our Meals

Our meals are designed to be nutritious and cater to the adult appetite. The menu is low in salt, calorie-controlled, and individually portioned. Most importantly, each meal is nutritionally balanced and tasty.

A complete nutritional analysis is available for clients to discuss with their physician or dietitian.

We also offer a diabetic dessert for appropriate clients.

About Cost

The nutrition program is a donation based program. All participants are asked to make a donation towards the cost of the meal. No one will be denied services if they are unable or unwilling to make a donation.

Home Delivered Meal participants are sent a monthly donation reminder. The donation reminder indicates the amount of meals that were served and a total suggested donation. Cash, checks, Visa and Master credit cards are accepted for monthly donations.

Congregate Dining locations have a suggested donation poster that is posted at each site.

All donations are confidential.
Cash and checks are gladly accepted.



Volunteer Opportunities

The nutrition program utilizes volunteers

- ◆ Deliver meals to home bound seniors
- ◆ Help package meals in the kitchen
- ◆ Help serve congregate diners

Our purpose is to enhance the quality of life of older persons, help maintain their independence, avoid or lessen isolation or loneliness, and help maintain the wellness of the older person.

We serve older adults 60 and older who are residents of Will County.

To Contact Us:
(815) 726-0094
tbarnes@kccsi-cap.org

Our HDM Locations

Bolingbrook

Joseph & Sarah Levy Senior Center
251 Canterbury Lane
Bolingbrook, IL 60440

Frankfort

Frankfort Township Building
11000 W. Lincoln Highway
Frankfort, IL 60423

Joliet

Joshua Arms
1315 Rowell Avenue
Joliet, IL 60433

Joliet

Main Office
2455 Glenwood Ave, Suite 207
Joliet, IL 60435

Lockport

Township Offices
1463 Farrell Road
Lockport, IL 60441

Our HDM Locations

Monee

St. Paul UCC
5323 Margaret Street
Monee, IL 60449

New Lenox

Guy A. Seil Senior
Apartments
1090 S. Cedar Road
New Lenox, IL 60451

Wilmington

Wilmington Lions Hall
805 N. River Street
Wilmington, IL 60481



"Working Harder To Make Aging Easier"



Volunteer Driver Program



Meals on Wheels of
Will County
2455 Glenwood Ave, Suite 207
Joliet, IL 60435

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improved nutrition and reduced isolation through a program coordinated with other supportive services.

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We at Will County Meals on Wheels rely on volunteers to deliver nutritious meals to seniors who can no longer get out or cook for themselves. For some participants, the volunteer who delivers their meal is the **ONLY** person that senior will see all day.

Our purpose is to enhance the quality of life of older persons, help maintain their independence, avoid or lessen isolation or loneliness, and help maintain the wellness of the older person.

Requirements

- Use of own reliable vehicle
- Valid Drivers License
- Current Auto Insurance

Once, you have contacted us and provided us with all the proper information, you will attend an orientation and go through Safe Food Handling Training, where you will learn the Do's and Don'ts of Meal Delivery. In addition, you will be taught the Well Being Check Process and have your photo taken to produce an ID Badge for identification purposes.

WE ARE
Meals On Wheels
So no senior goes hungry.

Meal delivery is Monday-Friday between 10:30 AM-11:30 AM, Routes only take about 1 hour and directions are provided.



Whether, you can give five hours a month or five hours a year, the time you give will be more than worthwhile!

If you are interested in volunteering please contact the

Outreach Coordinator,

Tammy Barnes at:

(815) 726-0094

Ext.324

tbarnes@kccsi-cap.org